

Early Years Menu Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Toast with Spread with Fruit Cocktail	Houmous with Pitta Bread & Apple	Oatcakes & Cheese Portion with Cherry Tomatoes	Cereal & Easy Peeler	Toast with Spread & Banana
Lunch Soup	Homemade Soup	Homemade Soup			Homemade Soup
Choice 1	Tomato Pasta Crusty Bread ✓ 40	Halal Chicken Tikka Boiled Rice 20	Halal Lamb Lasagne Crusty Bread 30	Halal Roast Chicken Yorkshire Pudding with Roast Potatoes 60	Halal Lamb Cottage Pie with Potatoes 30
Choice 2	Baked Beans on Toast ✓ 60	Fish Fingers with Potatoes 80	Quorn Meatballs Spicy Tomato Sauce in a Torpedo Roll 70	Quorn Sausage Cowboy Beans Potatoes 40	Quorn Burger in a Bun Plain or Herb Diced Potatoes ✓ 70
Afternoon Snack	Cereal & Kiwi	Breadsticks with Cheese & Grapes	Turkey Sandwich & Melon	Tuna Mayonnaise Pitta Bread Mandarin Segments	Vegetable Sticks Sliced Pear
Dessert	Fruit		Eves Pudding & Custard	Lemon Sponge & Custard	

Early Years Menu Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Bread Sticks with Cheese & Apple	Cheese Roll & Cherry Tomatoes	Toast with Spread & Banana	Cereal & Sliced Pear	Toast with Spread Kiwi
Lunch Soup			Homemade Soup		Homemade Soup
Choice 1	Macaroni Cheese Crusty Bread ✓ 70	Quorn Sausage in Gravy with Potatoes 70	Halal Chicken Curry Boiled Rice 30	Halal Lamb Mince Pie with Potatoes 80	Oven Baked Fish with Potatoes 80
Choice 2	Vegetable Curry with Rice ✓ 30	Halal Chicken Sandwich or Roll 30	Quorn Goujons Salad Wrap ✓ 70	Broccoli & Cauliflower Pasta ✓ 20	Halal Chicken Sandwich or Roll 20
Afternoon Snack	Greek Yoghurt Topped with Fruit Cocktail	Cereal & Orange	Salmon Sandwich & Melon	Chicken Sandwich & Melon	Oatcakes Cheese Portion & Grapes
Dessert	Fruit	Pineapple Sponge & Custard		Carrot Cake & Custard	

Early Years Menu Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Greek Yoghurt Topped with Mandarins & Kiwi	Toast with Spread & Banana	Cereal & Easy Peeler	Toast with Spread & Cherry Tomatoes	Tuna Sandwich & Apple
Lunch Soup			Homemade Soup	Homemade Soup	
Choice 1	Omelette Potatoes ✓ 20	Halal Chicken Pie with Potatoes 70	Halal Lamb Bolognaise Crusty Bread 70	Fish Fingers with Potatoes 80	Chicken/Keema Burger in a Bun Plain or Spiced Diced Potatoes 70
Choice 2	Cheese & Tomato Pizza with Pasta ✓ 80	Cheese Toastie ✓ 30	Quorn Curry Boiled Rice ✓ 30	Halal Chicken Sandwich or Roll 20	Dhal Boiled Rice ✓ 30
Afternoon Snack	Cheese Sandwich & Easy Peeler	Bread Sticks Vegetables & Melon	Turkey Roll with Kiwi	Cream Crackers Cheese with Grapes	Cereal & Apple
Dessert	Fruit	Gingerbread & Custard			Pear & Raspberry Cake & Custard